



## **Coming Back from a Broken Heart**

*April 6/7, 2013*

### **Connect with Others** *(Choose one)*

1. When was the last time you had a good cry? What were the circumstances? How did it feel to let the floodgates open?
  
2. Describe a time when you mistook someone for the wrong person. What were the circumstances? How did you feel?

### **Commit to Growth**

*Read John 20:1- 18*

1. Put yourself in Mary's place in John 20:10-20. How do you think Mary felt at the empty tomb? How about when Jesus said her name? What impresses you most about their encounter?
  
2. Describe a time when Jesus spoke your name in a time of grief. How did it affect you?

3. What term does Jesus use for his disciple's here (v.17)? What is new in their relationships from now on (see John 15:15)? What does this mean to you?
  
4. What is significant about the way Jesus refers to God to 20:17?
  
5. In considering this story and Pastor Rick's message, why does God allow our hearts to be broken? How might this understanding clear up your misconceptions about pain?
  
6. Pastor Rick discussed 7 Steps to coming back from a broken heart. Of those 7 Steps, which one is the most difficult for you to embrace? How might embracing that step help you comeback from an area of pain or disappointment in your life?
  
7. How can the group support you in prayer this week?